

MOUNTAIN BIKE RIDERS

- Be prepared to ride across grass
- Be careful on rocky and steep sections
- Give way to pedestrians and horse riders by stopping and moving to the side of the track
- Cyclists will manage about 6km per hour including rests
- Cyclists will find it easier to stay on the road when the trail diverts to the verge
- For mountain bike tours phone Noosa Bike Hire & Tours on 5474 3322
- For more information on bike riding in the Noosa area visit an information centre for a Noosa Walking & Cycling Map or visit www.travelsmartsunshinecoast.com.au

BUSH WALKERS

Wear sturdy comfortable foot wear and

occasionally hold guided walks on the trail.







CODE OF CONDUCT

When out riding and walking on bushland tracks and trails please observe the following:

Respect the environment:

- Do not take shortcuts or form new tracks
- Bike riders do not skid Avoid muddy tracks
- Obey the signs and stay on permitted tracks • Do not stray into neighbouring private land or go exploring

Respect other track users:

- Control your bicycle • Walkers and cyclists give way to horse riders by
- moving to the side of the track
- Be safe:

• Plan ahead

- Enjoy your walk/ride with friends
- If riding wear a helmet and ride within your ability and according to track conditions
- Carry emergency repair equipment and a mobile phone
- Drink plenty of water
- When on sealed or gravel roads keep to the verge Walking or riding at night is not recommended due to obstacles and disturbance caused to

NOOSA BIRD TRAIL



A Bird Observing booklet for beginners on the Noosa Trail Network is available, or visit www.sunshinecoast.qld.gov.au

Seven of the 32 Noosa Bird Trail

sites are located on the Noosa Trail Network. For further information visit the Sport and Fitness page on council's website or an information centre for a Noosa Bird Trail



BUSH CAMPING

One night only.

Cooran Riders Grounds:

Kin Kin Sports Grounds:

Camp Cooroora (scout camp):

Pomona Showgrounds please:

- Uphold rules of the campsite

- Camp where caretaker designates

Cootharaba Views Lookout and Middle Lookout:

- Powered sites are available (\$20 per night)

- \$20 deposit is required for key to toilets/showers - Bookings essential, phone p: 5485 4103.

- Bookings must be made in advance, 5442 5285.

- Horses to be placed in the designated yard area.

Pomona Caravan Park and Pomona Showgrounds:

- For bookings p: 5485 1477 or 0438 851 142.

- Maximum group size permitted is four persons

- No fires are permitted. Fuel stoves must be used for cooking - Carry all rubbish with you, do not bury it

15cm deep. Carry sanitary pads and tampons as they do not

Camping is permitted at the back of the Cooran Riders Grounds For enquiries, group bookings, a key for toilets and showers (\$20 deposit required), payment of camping fees (\$6 per

night) & club opening hours, phone Ron at the Cooran Rec

Call in and pay designated fee at the caretaker located within

the Pomona Caravan Park adjacent to the showgrounds

When camping at Camp Cooroora, Pomona Caravan Park or the

sun protection.

The Noosa Parks Association – Noosa Trampers and Cooloola Bushwalkers For more information go to www.noosaparks.org.au



it is the water supply for residents throughout the area

• Horses and riders must be fit to complete trails 2, 3 & 4

• Do not ride any more than two abreast along constructed

• Hitching rails are located at the rear of the Pomona Hotel.

• For safety reasons please do not ride into the town of Cooroy

but start/finish at the float parking area on Mary River Road,

• When in a State Forest and you hear a trail bike coming your

way, ride to a section of track that has a reasonable sight distance in the direction the bike is coming. At this point stop

not keep riding. Dismount if your horse is gaitated

- Steep hill climbs will be encountered (see elevation diagram) A high level of fitness for people and horses is required.
- Trail 3 Cooran to Kin Kin via Woondum Forest Reserve (22km) one way)

Bushwalkers & Mountain Bike Riders: park at James McKane Memorial Lookout, walk/ride 17 km downhill to Kin Kin via Woondum National Bark and Johnstons Lookout. Stay overnight at Kin Kin and return uphill. If possible organise someone to collect you in Kin Kin!

For an extra challenge start at Cooran.

Horse Riders: park horse floats at Cooran Riders Grounds or Kin

Warning: The ride from Cooran to James McKane Memorial Lookout is extremely steep, horses must be fit.

• Trail 2 – The Scenic Trail (25kms one way)

The spectacular views along this trail make it worth the effort. This trail provides a link between trails 3 and 4.

• Trail 4 – Kin Kin to Lake Macdonald (25km one way)

This trail crosses a variety of terrain, passes through a rainforest and provides soome spectacular views. Along trail 4 there is a section marked Alt 4. This alternative route is very boggy and has not been modified. This route is only accessible in dry veather and traverses the original road built in 1870 to connect Tewantin to Gympie, via Cooran.

• Trail 2 & 3 Noosa Hinterland Circuit (40km circuit) Bushwalkers: This circuit can be completed as a leisurely

Park at James McKane Memorial Lookout, walk downhill to Kin Kin via trail 3 and camp overnight or stay at the hotel. Next day, walk to Middle Lookout via trail 2, camp overnight, then return to James McKane Memorial Lookout via the rainforest in Woondum National Park on trail 3. High level of fitness required.

Horse Riders & Mountain Bike Riders: Ride trail 2 or 3 one day, camp overnight at Kin Kin or Cooran, return via trail 2 or 3. Endurance riders could ride this circuit in one day.

Gates: Finding stray cattle and horses can be difficult for farmers

PLEASE ENSURE ALL GATES ARE SHUT. Keeping the trails open and

Rubbish: Take all rubbish with you, do not drop or bury it. Public telephones: Available in the towns and the Kin Kin Living Valley Springs Health Retreat. Mobile phones should not be relied

Trail closures: Check councils website for trail closures.

permitted on state forest management tracks.

Signage: Please obey all signs on the trail

PUBLICTRANSPORT

For bus times contact TransLink on 13 12 30

or visit www.translink.com.au

State Forest: Noosa Trail Network traverses parts of State Forest. Users of those sections must comply with any regulatory signage located along the tracks and be aware that trail bikes are



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and create dangerous traffic hazards



Trail 3, 4, 5 & 7 (62km circuit)

Bushwalkers: This circuit can be completed in 4 to 5 days depending on your level of fitness. Consider splitting the section between Kin Kin and Lake Macdonald with a detour to Middle Lookout where camping is permitted (Note: maximum group size is 4 people as there are no facilities). The walk between Cooran and Kin Kin (22km) is challenging with the steepest hill climb/descent on the whole trail network located between Cooran and James McKane Memorial Lookout. If you are really tired there is a short cut into Kin Kin from Pender Creek Road along Sister Tree Creek Road although be aware of the traffic (not suited to horse riders) and you will miss the views of the Kin Kin Valley provided along the unformed section of Perseverance Road.

Bike Riders: May complete this circuit in one day subject to fitness

Horse Riders: It is recommended you split the circuit in half with a stop over at Kin Kin or Pomona, subject to your horse's fitness.

WALKS & RIDES 9 TO 17KM

- A moderate level of fitness is required.
- Trail 1 The Kin Kin Countryside Loop (14km circuit)

Stroll/ride through the delightful countryside of the Noosa hinterland. Have a leisurely picnic at either Sheppersons Park or Gradys Park. This trail is ideal for bird watching. Part of Trail 2 & 3 – James McKane Memorial Lookout to Middle

Park at James McKane Memorial lookout. Walk to Middle Lookout

via the rainforests of Woondum National Park and return via the Arabian stud on Ewarts Road, or vice versa. • Trail 3 & 4 - Lake Macdonald to Middle Lookout

(10km one way)

Park at Kookaburra Park, walk 1km to Collwood Road and detour by turning right 200m to Mary River Cod Park and enjoy the views across Lake Macdonald. Continue along trail 4 through Forest Acres residential estate, into Ringtail State Forest, up to Twin Hill Views Lookout (enjoy the views), then follow trail 3 to Middle Lookout. Organise someone to collect you at Camphor Road car park.

Part of Trail 3 – Tablelands Circuit (12km circuit)

Walkers and Cyclists: Park at James McKane Memorial Lookout. Walk/ride through luscious rainforest, tall open Eucalypt Forest and along quiet country lanes.

Feeling fit? It's an extra 2km to Johnstons Lookout, (4km return). Horses riders: Park and ride from Cooran Riders Grounds.

Trail 5 Cooroora Trail (9km one way)

This trail provides some wonderful viewing of Mt Cooroora and Mt Cooran, and is largely located through Tuchekoi National Park. Try out one of the delightful cafes at either Pomona or Cooran. Horse Riders take care when crossing the railway lines at both Cooran

can easily be completed as a day walk. Be aware trail bikes are permitted in Yurol State Forest and this trail crosses Yurol Forest Drive which has a speed limit of 100km/hr, please take extra care when

• Trail 8 - Cooroy Wanderer (11km one way)

A flat easy walking trail. For safety, horse riders are asked not to ride into the town of Cooroy but to start/finish at the float parking area on Mary River Road.





WALKS & RIDES I TO 5.5KM

• Part of Trail 4 - Kookaburra Park to Mary River Cod Park (1km one way)

Easy one-hour return walk. Nearby Noosa Botanic Gardens are definitely worth a look. Horses are not permitted in the gardens, so tie up at hitchina rails provided at Kookaburra Park and walk to the

Part of Trail 2 & 4 (1.7km one way)

Enjoy a picnic lunch and the spectacular views. Reasonable level of fitness required as it is all uphill.

• Part of Trail 3 – Kin Kin Arboretum to Johnstons Lookout (2km one way)

Park at Kin Kin Arboretum, walk across Pomona Kin Kin Road up Western Branch Road until you come to signs for trail 3 on your left. Steep ascent to lookout, reasonable level of fitness required. • Trail 5 - Mt Cooroora

of the Mountain Race' is held each year. You can walk from along

trail 5 or drive to the base of Mt Cooroora and park there. Follow National park walking signs.

There is a very steep walk up Mt Cooroora where the famous 'King

• Trail 6 – Cudgerie Loop (5km circuit)

An easy circuit that weaves through the parkland of Cudgerie rural residential estate. Park at Cudgerie Common on Blueberry Drive.







NO 4WDs, DOGS OR MOTORBIKES ARE PERMITTED ON MANY SECTIONS OF THE TRAIL - FINES APPLY - OBEY ALL SIGNAGE

Noosa Trail



countryside on The Noosa Trail Network. Trails are well signposted, with picnic shelters, watertanks, interpretative signs and scenic lookouts. Of various lengths and across a variety of terrain, they can be completed in sections or combination; some require a high level of fitness.

THELOOKOUTS

Five lookouts are located along the trail. James McKane Memorial Lookout, Cootharaba Views Lookout, Twin Hill Views Lookout and Middle Lookout offer spectacular views of the coast and hinterland including views of Mt Cooroora, Mt Cooroy, Mt Coolum, Mt Tinbeerwah, Cooloola National Park, Lake Cootharaba, Lake Cooroibah, Wahpunga Ranges, Kin Kin, Noosa Heads, the Sand Blow and the ocean. Johnstons Lookout provides views of the rolling hills and farms around Kin Kin.

LAKEMACDONALD

There is a lot to do at Lake Macdonald – visit the botanic gardens, follow the paddle trail, visit the Fearnley Bird Hide or, camp at Camp Cooroora. For further information about Lake Macdonald visit council's website or an information centre for a Lake Macdonald brochure.

INFORMATION AND HISTORY

Heritage information is provided along the trail, look out for the signs as you walk/ ride along. There are also heritage walks located in the towns of Pomona, Tewantin and Cooroy. For further information visit the Heritage Walks page on council's website or an information centre for a heritage walk brochure.





Passenger trains from Brisbane stop at Cooroy. For train times

contact Queensland Rail 13 12 30 or visit www.citytrain.com.au

between Noosa Heads, Tewantin, Cooroy, Pomona and Cooran. Other locations serviced by Route 632 are Hastings Street, Noosa



Neither the landowner nor Noosa Council accept any legal responsibility for any injury to trail users.

The ground has been minimally modified, so encounters with fallen debris, holes, rocks, snakes, mud and grass may be expected and requires due care.

EMERGENCIES - DIAL 000

If you do not have mobile coverage and require assistance: DAL 112

MOREINFORMATION

For information visit www.noosa.qld.gov.au Please report any problems to Noosa Council by phoning **5329 6500**











